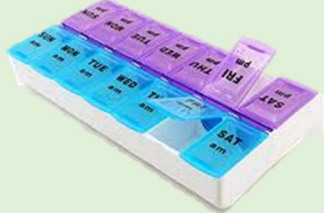







MEDICATION MANAGEMENT

Medication aids are designed to assist a person to take their medication effectively and easily.




Compliance with medication taking is important to ensure that medication prescribed by your pharmacist or doctor is taken at the correct time with the correct dose. Always check with a with your pharmacist before storing medications in a dispenser or storage container as some medications require special storage condition and some medications cannot be kept in the same container as others. Remember to always dispose of any unwanted or out-of-date medications, and store medications in a locked cabinet when not in use.

There are a number medication management aids available they fall into the following groupings according to their function:

Organise	Remind	Organise and Remind
<p>Pill Boxes: Are used to store tablets into sections to assist users organisation of their medications. These come in a variety of sizes.</p> 	<p>Medication Reminders: Provide alarms to prompt users or carers at pre-set times. These can be clocks, pendants or watches.</p> 	<p>Pill Dispenses: Sound alarms and allow user access to the dosage of medication required at pre-set times. Some of these can be locked and some can alert a caregiver or call centre if medication is not removed from the dispenser.</p> 
<p>Webster Packs/ Medication Rolls: Available on request from a pharmacist they can store multiple medications within one compartment.</p> 	<p>Medication Management Applications (Apps): Apps can be downloaded onto smart phones; they can be used as medication reminders to assist with medication management.</p> 	<p>Pill Boxes with Reminders: Store medications and provide alarms to remind the user or carer at pre-set times</p> 





Combination Device: Are devices which have a medication reminding as an additional feature in the system. This is available in some emergency call systems and inactivity monitors. These devices will not be covered in this factsheet.

Pill Dispensers

Product name	Alarm	Duration	Number	Power	Pill spaces	Approximate cost & features
Tab Timer Med-e-lert Pill Dispenser	Audible Flashing light	30 min	4	Battery	28	\$150 Key Lock 
Med Ready Automatic Medication Dispenser	Audible	Constant until deactivated	4	AC Battery back up	28	\$360 Key lock Carer notification 
Aerotel SimpleMed Medication Dispenser	Audible Light illuminating pill space	Constant until deactivated	4	AC Battery back up	28	POA Carer notification Emergency call pendant Bluetooth medical device connection 

Pill Boxes with Reminders

Product name	Alarm	Duration	Number	Power	Pill spaces	Approximate cost & features
Amcla Pill Box with Alarm	Audible	1 min	1	Battery	1	\$20 Count down/up timer 
Tab Timer Pill Reminder 37	Audible	4 min	37	Battery	7	\$50 
100 Hour Pill Reminder	Audible	3 min	4	Battery	3	\$27 
7- Day Reminding 'n Time Locking Pill Reminder	Audible Flashing light	Various	24	Battery	7	\$20 
Tab Time Super 8	Audible	40 sec	8	Battery	8	\$50 
The Med Centre System	Audible Recorded voice memos	60 min	4	Battery	31 boxes each with 4 spaces	\$95 Voice recordable alarm (option) 
The Box Medication Reminder	Audible Light	Constant until deactivated	4	AC	Medication roll	\$210 

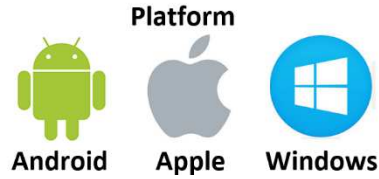
Medication Reminders						
Product name	Alarm	Duration	Number	Power	Approximate cost & features	
Tab Timer Reminding Clock	Audible Visual	Constant until deactivated	4	Battery	\$32 Magnetic strip to position on refrigerator	
Tab Timer	Auditory	Constant until deactivated	5	Battery	\$36 Pull out bracket and magnetic strip	
DCT Vigil-Aide Medication Reminder Alarm	Audible Flashing light Vibration	Constant until deactivated	6	AC Battery back up	\$140	
Med Centre Talking Alarm Clock	Audible	Constant until deactivated	6	AC Battery back up	\$95 Compatible with Med Centre Management system	
Vibralite Watches	Audible Vibrate	20 sec	2,8 or 12	Battery	\$86- 230 Varous models and styles	
Vibrating 12 Alarm Pager TT12-OSQ	Audible Vibrate	20 sec	12	Battery	\$100 Belt clip included	
Cadex Watches	Audible Visual text display	20 sec	12	Battery	\$140-160 Device can store user's name, phone number and health information Various models	
Mem Rabel Speaking Memory Prompt	Audible Recordable voice memos	3,6 or 9 minutes	4 daily 1 weekly 1 booking	AC Battery back up	\$172 Movement sensors, mats and switches can trigger alarms or messages. These can be programmed to occur at differing times of day.	

LifeTec provides this information for your convenience. Individuals should seek independent professional advice on the suitability and reliability of these products for their own circumstances. Specific advice from a pharmacist should be sought if a medication organising system is being considered for use.












MEDICATION MANAGEMENT APPS

The purpose of medication reminder apps is to assist users to adhere to their scheduled medication routine during the day. This is done by creating alarms to prompt users.

Additional functions of these apps include caregiver notification when users fail to respond to acknowledge the alert. These can also remind users when new scripts or refills are required.



LifeTec has identified the following list of apps that may be used for medication reminders. Please check back regularly as we continue to add and update new apps.

APPS		COST	PLATFORM
	Pill Tracker Pro allows users to enter recurring daily, weekly, bi-weekly, monthly pills and to get reminders. It also provides a calendar to chart all pills. https://itunes.apple.com/au/app/pill-tracker-pro/id490657529?mt=8	\$2.49	 
	Dosecast sends dose reminders with or without an internet connection. Dosecast also tracks the time zone you're in when travelling and adjusts reminders accordingly. Drug name, dosage, directions, and notes can be recorded so that they appear in the reminder. https://itunes.apple.com/us/app/dosecast/id365191644?mt=8	Free	 
	MediSafe Meds and Pill Reminder allows carers to assist individuals with their pill reminders and also to track vital signs and measurements (integrates with Health App). A care notification can be triggered so if the user doesn't check in that they took their medicine an alert is sent to a contact. https://itunes.apple.com/au/app/medisafe-meds-pill-reminder/id573916946?mt=8	Free	 
	Pillboxie allows you to schedule medication reminders by visually dropping a pill into a pillbox. No network connection required. A visual list of what medications are "due today" can be viewed and checked off when taken. https://itunes.apple.com/au/app/pillboxie/id417367089?mt=8	\$1.29	

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