# PHONE OPTIONS

## **FOR LOW VISION**



## **IMAGINE**



Do you wish your phone was easier to see or use? To find out more, you can...

Do you want to use your mobile phone to stay intouch when you are out and about?

Do you use your phone for work, family or to staysocially connected to your friends?

Various telephones and smart phone options areavailable for people with vision loss and offer features that are easier to use.

Phone LifeTec on 1300 543 383 to discuss options and suitability with a health professional

Schedule an assessment here: https://lifetec.org.au/ourservices/referrals/

Speak to your Occupational Therapist Use the National Equipment Database at

www.ilcaustralia.org.au for further information on communication devices for low vision



Telephone with photos



Telephone with big buttons



Simplified displays on mobile phone



Mobile phones designed for vision loss







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### **CHOOSE**

#### What can I choose from?

Here are some key features to think about when choosing a phone that will work well for you:

#### At home

#### Some mainstream phones offer features such as:

- Large push buttons
- Picture-based speed dial
- Hear each number spoken aloud as you dial
- Large digital display
- Flashing lights

#### In the community

#### Some mobile phones offer features like:

- Large displays
- Large button keypads
- Hear each number as you dial
- Read out text messages aloud
- Emergency SOS buttons

# Smart phone options

#### Many smart phones have apps and software that can:

- Change the layout of your phone to make it easier to see or use
- Make calls or send text using voice commands
- Replace the phone layout with a simpler, user friendly layout
- Use gestures like tapping or shaking to make or receive calls
- There are also a range of specialised smart phones which have been designed for people with vision loss



#### LIVE

#### LOOKS

- Large displays
- Look and appearance may be important to you
- Larger buttons can be easier to see and use

#### ACCESS

Do you want to use ...?

- Keypads
- Touchscreens
- Voice commands
- Gestures

#### **FUNCTION**

Do you want to ...

- Call or receive phone calls
- Send or receive text messages
- Use an Emergency SOS button or app

#### **TRAINING**

- Training can be useful for more complex phones or functions
- Practice may be needed to develop your proficiency

#### **FLEXIBILITY**

- Where can it be used?
- Is the operating system up to date and compatible with the apps you want to use?

#### **CUSTOMISATION**

 Can you change the features of the phone to meet your requirements?

#### **SET UP**

- Help with setup is highly recommended
- What support do you have locally?
- What support do you have remotely?

#### **COST**

- Phones can range in cost and may require ongoing contract costs
- Consider whether the phone meets your requirements

#### **Contact details**

www.lifetec.org.au

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