



# ASSISTIVE TECHNOLOGY FOR WHEELED MOBILITY



## IMAGINE

Do you want to get around your home, workplace or community?

Are you finding it hard to walk long distances or use a walking stick or walking frame?

Do you want a mobility option that is easy to use and suits your environment?

You can use wheeled mobility to...

- Travel longer distances and access the places you want to go
- Keep comfortable and well-supported no matter where you are
- Stay active, mobile and participate in the things that matter most to you



Manual wheelchair



Specialised stroller



PowerDrive wheelchair



Mobility scooter



## SEEK

To find out more, you can...

Phone **LifeTec on 1300 543 383** to discuss options and suitability with a health professional.

Visit a **LifeTec display centre** to view and trial a selection of products, and obtain professional advice in person.

Speak to your occupational therapist or physiotherapist.

Use the National Equipment Database at **[www.ilcaustralia.org.au](http://www.ilcaustralia.org.au)** for further information on wheeled mobility options.

Reviewed on 01/18



**LifeTec**<sup>TM</sup>  
Live your Potential

[www.lifetec.org.au](http://www.lifetec.org.au)



**CHOOSE**

**What can I choose from?**

There are many options when it comes to wheeled mobility devices. Here are some key features to consider when choosing a wheelchair, stroller or scooter:

<b>Self-propelled or Transit</b>	Mobility devices can either be moved by the user (self-propelled) or by someone behind or beside them (transit).
<b>Method of propulsion</b>	Mobility devices can be moved in different ways. Wheelchairs can be set up so that people can move them using their arms, feet, one hand, one finger, head movements and other control options.
<b>Basic / Scripted</b>	“Scripted” or “custom” wheelchairs have a much wider range of sizes, configurations and accessories that can be added to them.
<b>Seating functions</b>	You can select a seat that tilts, rotates, raises up or down, or helps you to stand up.
<b>Specialised seating</b>	Special cushions, backrests, harnesses and more can help you to be more stable and comfortable.
<b>Transport approval</b>	Wheelchairs, strollers and scooters are usually intended to be used as a seat in a car or other vehicle. If you need to stay seated in your wheelchair or stroller, you will need to make sure your mobility device is crash-tested and transport-approved.



**LIVE**

<p><b>LOOKS</b></p> <ul style="list-style-type: none"> <li>• Appeal of the design</li> <li>• What colours can you choose?</li> <li>• Can you add accessories to personalise?</li> </ul>	<p><b>PROPULSION</b></p> <ul style="list-style-type: none"> <li>• Wheel rims</li> <li>• Joystick</li> <li>• Tiller</li> <li>• Alternative access</li> <li>• Attendant-propelled</li> </ul>	<p><b>SIZING</b></p> <ul style="list-style-type: none"> <li>• Is the seat the right size – not too wide or narrow?</li> <li>• Do you feel well - supported when sitting?</li> </ul>	<p><b>PORTABILITY</b></p> <ul style="list-style-type: none"> <li>• Can the device be folded or dismantled?</li> <li>• How heavy is it?</li> <li>• Will it fit in your vehicle?</li> </ul>
<p><b>FLEXIBILITY</b></p> <ul style="list-style-type: none"> <li>• Where it can be used?</li> <li>• Can the seat or frame be adjusted for growth?</li> <li>• Can you add extra features later on?</li> </ul>	<p><b>USABILITY</b></p> <ul style="list-style-type: none"> <li>• Where can it be used?</li> <li>• Can it fit through doorways?</li> <li>• Can I use it outdoors?</li> </ul>	<p><b>DURABILITY</b></p> <ul style="list-style-type: none"> <li>• What is it made of?</li> <li>• Can it take your weight, as well as any accessories?</li> <li>• Expected life of product</li> <li>• Warranty</li> </ul>	<p><b>SET UP</b></p> <ul style="list-style-type: none"> <li>• Highly recommended</li> <li>• What support do you have locally?</li> <li>• What support do you have remotely?</li> </ul>
<p><b>TRAINING</b></p> <ul style="list-style-type: none"> <li>• Highly recommended</li> <li>• Read the user manual</li> <li>• Practice</li> </ul>	<p><b>MAINTENANCE</b></p> <ul style="list-style-type: none"> <li>• Cleaning</li> <li>• Repairs</li> <li>• Troubleshooting</li> </ul>	<p><b>COST</b></p> <ul style="list-style-type: none"> <li>• From under \$200 to tens of thousands of dollars</li> </ul>	

**Contact details**

- ➔ [www.lifetec.org.au](http://www.lifetec.org.au)
- ➔ **1300 LIFETEC** (1300 543 383)
- ➔ [mail@lifetec.org.au](mailto:mail@lifetec.org.au)

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 supporting excellence  
**CERTIFICATION**  
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