ASSISTIVE TECHNOLOGY FOR MANUAL MOBILITY



IMAGINE

Do you want to get around the home, workplace or community?

Do you want something that's lighter and moreportable than a scooter or power wheelchair?

Do you want a mobility option that can be used withoutpower?

You can use a manual wheelchair or specialised strollerto...

- Travel longer distances and access the places youwant to go
- Keep comfortable and well-supported no matterwhere you are
- Stay active, mobile and participate in the things thatmatter most to you



SEEK

To find out more, you can...

Phone **LifeTec on 1300 543 383** to discuss options and suitability with a health professional.

Schedule an assessment here: https://lifetec.org.au/our-services/referrals/

Speak to your occupational therapist orphysiotherapist.

Use the National Equipment Database at **www.ilcaustralia.org.au** for further information onwheeled mobility options.



Manual wheelchair (self-propelled)



Manual wheelchair (transit) with tilt-in-space



Specialised stroller (transit)

Reviewed on: 02/18











CHOOSE

What can I choose from?

There are a lot of choices when it comes to wheelchairs. Strollers are not quite as versatile but still have a range of features. Here are some key features to consider when choosing a wheelchair or stroller:

Self-propelled / **Transit**

Manual wheelchairs can either be pushed by the person in them (self-propelled) or by someone behind them (transit or attendant-propelled). Strollers can only be attendantpropelled.

Basic wheelchairs come in a standard size, with a standard set of features. Scripted Basic / scripted

wheelchairs can be customised and have many sizes, features and accessories to choose

Folding / rigid Many wheelchairs, and most strollers fold up. This can make them easier to transport.

Rigid wheelchairs don't fold but are generally more stable and easier to propel, and are

usually lighter. Many rigid chairs can be dismantled for transport.

Some wheelchairs and strollers will allow an attendant to tilt the whole seat and backrest Tilt-in-space

back to adjust a person's seating posture. This can help to manage pressure and comfort too.



LIVE

LOOKS

- Appeal of the design
- Colours and patterns
- Accessories to personalise

SIZING

- A snug fit is better
- Can you reach the wheels?
- Can you fit through doorways?

DURABILITY

- What is the load capacity?
- Will it take your weight plus all add-ons?
- What is it made of?
- What is the warranty?

TRANSPORT

- How heavy is it?
- Can it fit in your vehicle?
- Is it crash tested?

PROPULSION

- Two arms
- One arm
- Feet
- Attendant-propelled
- Power add-ons

PORTABILITY

- How heavy is it?
- Can you take off the wheels, armrests, leg rests, or headrest?
- · Can you fold or dismantle it easily?

SEATING

- How long will you be sitting in the chair?
- Can you stay comfortable and supported for this time?
- Custom seating needed?

SET UP

- Highly recommended
- What therapy or supplier support do you have in your area?
- Is there support available remotely?

ACCESSORIES

- Do I need extra storage?
- Do I need extra safety features (e.g. spoke guards, anti-tippers)?

TRAINING

- Highly recommended
- Read the user manual
- Practice to develop your proficiency

MAINTENANCE

- Repairs
- Troubleshooting
- Expected life of product
- Warranty

COST

• From under \$200 to thousands of dollars

Contact details

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IMAGINE













