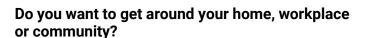
# ASSISTIVE TECHNOLOGY FOR WHEELED MOBILITY



# **IMAGINE**



Are you finding it hard to walk long distances or use awalking stick or walking frame?

Do you want a mobility option that is easy to use and suits your environment?

You can use wheeled mobility to...

- Travel longer distances and access the placesyou want to go
- Keep comfortable and well-supported nomatter where you are
- Stay active, mobile and participate in thethings that matter most to you



# **SEEK**

To find out more, you can...

Phone **LifeTec on 1300 543 383** to discuss options and suitability with a health professional.

Schedule an assessment here: https://lifetec.org.au/our-services/referrals/

Speak to your occupational therapist orphysiotherapist.

Use the National Equipment Database at **www.ilcaustralia.org.au** for further information onwheeled mobility options.



Manual wheelchair



Specialized stroller



PowerDrive wheelchair



**Mobility scooter** 







www.lifetec.org.au

Reviewed on 01/18





# **CHOOSE**

SEEK

#### What can I choose from?

There are many options when it comes to wheeled mobility devices. Here are some key features to consider when choosing a wheelchair, stroller or scooter:

Self-propelled or Transit	Mobility devices can either be moved by the user (self-propelled) or by someone behind or beside them (transit).
Method of propulsion	Mobility devices can be moved in different ways. Wheelchairs can be set up so that people can move them using their arms, feet, one hand, one finger, head movements and other control options.
Basic / Scripted	"Scripted" or "custom" wheelchairs have a much wider range of sizes, configurations and accessories that can be added to them.
Seating functions	You can select a seat that tilts, rotates, raises up or down, or helps you to stand up.
Specialised seating	Special cushions, backrests, harnesses and more can help you to be more stable and comfortable.
Transport approval	Wheelchairs, strollers and scooters are usually intended to be used as a seat in a car or other vehicle. If you need to stay seated in your wheelchair or stroller, you will need to make sure your mobility device is crash-tested and transport-approved.



### LIVE

#### LOOKS

- Appeal of the design
- What colours can you choose?
- Can you add accessories to personalize?

#### **PROPULSION**

- Wheel rims
- Joystick
- Tiller
- Alternative access
- Attendant-propelled

#### **SIZING**

- Is the seat the right size not too wide or narrow?
- Do you feel well supported when sitting?

#### **PORTABILITY**

- Can the device be folded or dismantled?
- How heavy is it?
- Will it fit in your vehicle?

#### **FLEXIBILITY**

- Where it can be used?
- Can the seat or frame be adjusted for growth?
- Can you add extra features later on?

#### **USABILITY**

- Where can it be used?
- Can it fit through doorways?
- Can I use it outdoors?

#### **DURABILITY**

- What is it made of?
- Can it take your weight, as well as any accessories?
- Expected life of product
- Warranty

#### **SET UP**

- · Highly recommended
- What support do you have locally?
- What support do you have remotely?

#### **TRAINING**

- Highly recommended
- Read the user manual
- Practice

#### **MAINTENANCE**

- Cleaning
- Repairs
- Troubleshooting

#### **COST**

• From under \$200 to tens of thousands of dollars

#### **Contact details**

www.lifetec.org.au

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**CHOOSE** 





